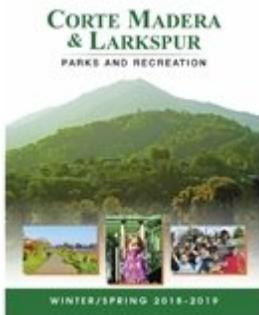




[The Town of Corte Madera's Newsletter for January 4, 2019](#)

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Have you registered for Programs and Classes here in Town?

Did you know that the Recreation Winter-Spring Brochure is now available for you to view? You can check out the fun classes and activities that are being offered within the next few months.

The Winter/Spring 2018-19 Recreation Brochure Features Programs, Classes and Events for for all ages: Youth, Adults and Seniors. Use the links below to view the brochure and register for anything you find to be of interest.

[Click here to read the Brochure.](#)

[Click here to sign up for classes and/or programs.](#)



Winter Wonderland Spaghetti BINGO



With winter coming to an end let's enjoy its beauty for a little longer. Corte Madera Parks & Recreation invites you and your friends & family to come play Bingo and enjoy hot coco and other winter favorites.

Pasta dinner will be prepared by Marin Joe's.

The event takes place on Friday, January 18, 2019 from 6PM to 9PM at the Corte Madera Community Center, 498 Tamalpais Drive.

[Please register online](#), by phone (415-927-5072), or in person at the Corte Madera Community Center to ensure you get your spot – you won't want to miss out on this chilling good time! [Click here to download and share the event flyer](#).



Seniors in Balance

This class will improve your balance, stability, and coordination through proven methods from Qigong, Tai Chi, and Western Mind/Body science. Research shows that Tai Chi is an excellent way for Seniors to develop balance and fluidity of movement; in this class you will be learning an easy, modified Tai Chi form. You will also

practice brain stimulating techniques from Western Science to assist coordination and cognition. In addition, the Qigong movements and mind activity bring inner balance, relaxation, improved immunity, and overall wellbeing. These combined approaches are carefully orchestrated to work on all aspects of balance simultaneously. The class is appropriate for anyone with reasonable mobility who is motivated to maintain a good balance of spirit, mind and body throughout their lives.

The class is offered on Thursdays, from 1:30PM to 2:30PM at the Corte Madera Community Center, 498 Tamalpais Drive. For more information, please call 415-927-5072.



Birds

Marin County Parks invites you to join them at the Rush Creek Preserve for an interpretive walk.

This walk is for ages 18 and up. These tidal wetlands at the edge of San Pablo Bay are a fantastic place to appreciate our winter birds. Ducks (in gaudy breeding plumage), shorebirds, raptors, and many types of land

birds should keep everyone entertained all day. The road sometimes gets quite muddy, so wear appropriate footwear. Remember to bring binoculars, if you have them. It is requested that no pets (except service animals) attend.

Rain may cancel. If questionable weather, call (415) 893-9527 after 8am on the morning of the event to hear a recorded message if cancelled. No registration is required.

For questions, contact Shannon Burke at SBurke@marincounty.org or (415) 893-9520.



The event will take place on Sunday, January 6, 2019 from 10AM to 2PM at Rush Creek Preserve. Meet at the Pinheiro Fire Road gate on Binford Road in Novato. From Hwy 101 in Novato, take the exit for Atherton Avenue east. Turn left onto Binford Road. The gate is on the right. For more information, [please click here](#).

Moon and Stars: Astronomy Night Hike and Campfire



NatureBridge Golden Gate invites you to amazing stargazing! Using binoculars, a spotting scope, and telescopes, you'll study the face of the moon and learn more about constellations and the night sky. Binoculars will be provided, or bring your favorite pair! Weather may prevent everyone from actually seeing the moon and stars, but you will still have fun and learn about constellations, the features of the moon, and astronomical myths!

Tickets are required for all attendees. [For tickets, please click here](#).

Children of all ages are welcome. Baby carriers/strollers are suggested for children 4 and under. All Ticket sales are final and are non-refundable and non-transferable.

Registration ends 24 hours prior to the event. The event will be held on Saturday, January 12th from 5:30PM to 8:00PM at NatureBridge Golden Gate, 1033 Fort Cronkhite, Sausalito, CA 94965. Please arrive promptly at the beginning of each program.

For more information about this event, [please click here](#).



Intergenerational Center



Stay Informed

Remember that you can subscribe to receive notifications on everything happening in Town. Whether it's meeting agendas or community events, we want you to stay informed. Please visit the [Notify Me](#) page and select the topics that interest you!

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