



THE THIRD WEDNESDAY SPEAKERS SERIES

sponsored by

AGE-FRIENDLY CORTE MADERA, TWIN CITIES VILLAGE,
CORTE MADERA PARKS AND RECREATION & AGE-FRIENDLY SOLUTIONS

presents

STAYING ALIVE!

Wednesday, February 20, 2019

11:00 AM to 12:30 PM

Corte Madera Community Center
498 Tamalpais Drive, Corte Madera

Marin's first responders emphasize that all residents must be prepared to survive for 5-7 days in their homes following a disaster. Now that firestorms are also a reality in our area, we need to understand about emergency alerts and how to escape. This custom *Get Ready Class for Older Adults* will help you create an emergency plan, evacuation checklist and strategies to keep you safe.

Presenter: Maggie Lang, RN
Marin County CERT and
GetReady Coordinator

Light Refreshments will be served